






# Old Gaming

The shift from a gaming habit to a gambling problem is subtle. But the risks are not.

Talk to your parents, a school counselor or someone you trust to find local solutions and assistance.



-  **CRISIS LINE: 24/7**  
440-953-8255 or text 4HOPE to 741 741
-  **Compass Line: 8:30 a.m. to 4:00 p.m.**  
440-350-2000  
Text/Email - [CompassLine@LakeADAMHS.org](mailto:CompassLine@LakeADAMHS.org)
-  [www.HelpThatWorks.us](http://www.HelpThatWorks.us)

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